

Grade 6 Physical Education and Wellness Learning Outcomes for Reporting – Tracking Document

*Learning Outcomes for the reporting document are parent friendly versions of the Learning Outcomes found in the curricular documents.

PS Code	Physical Education and Wellness Parent Friendly Learning Outcomes with HPSPs	S1	S2
6LO.PEW.01	<p>Analyze motivation and its relationship to personal development and active living <i>6LO.1 Active Living</i></p> <ul style="list-style-type: none"> • Connect daily routines and planned physical activities with active living goals. • Examine how training principles can contribute to active living. 	<input type="checkbox"/>	<input type="checkbox"/>
6LO.PEW.02	<p>Demonstrate an understanding of structure in physical activity <i>6LO.2 Movement Skill Development</i></p> <ul style="list-style-type: none"> • Apply structure in the creation and playing of games. • Utilize understandings of structure to inform strategies and tactics. 	<input type="checkbox"/>	<input type="checkbox"/>
6LO.PEW.03	<p>Adapt movement patterns in controlled and dynamic physical activities <i>6LO.3 Movement Skill Development</i></p> <ul style="list-style-type: none"> • Demonstrate how movement patterns are applied across various physical activities. • Implement movement patterns in response to a variety of physical, verbal, visual, and musical stimuli. 	<input type="checkbox"/>	<input type="checkbox"/>
6LO.PEW.04	<p>Apply conflict resolution in physical activity <i>6LO.4 Movement Skill Development</i></p> <ul style="list-style-type: none"> • Practice conflict resolution. 	<input type="checkbox"/>	<input type="checkbox"/>



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6LO.PEW.05	Connect strategies for well-being to life opportunities and lifelong learning <i>6LO.5 Character Development</i> <ul style="list-style-type: none"> • Identify experiences in which discipline can have a positive effect on well-being. • Relate strategies to achieving goals in a variety of contexts. 	<input type="checkbox"/>	<input type="checkbox"/>
6LO.PEW.06	Examine risk and identify the factors that influence action <i>6LO.6 Safety</i> <ul style="list-style-type: none"> • Assess safety and vulnerability risks associated with use of digital technology. • Identify potential harms from online and social media use. • Describe consequences that may result from risk taking in various contexts. • Identify positive choices and actions that can reduce risks associated with substance use. 	<input type="checkbox"/>	<input type="checkbox"/>
6LO.PEW.07	Examine access to food and its effect on making decisions related to nutrition <i>6LO.7 Healthy Eating</i> <ul style="list-style-type: none"> • Identify factors that affect access to food. • Discuss the effects of limited nutritional food choices on physical and mental well-being. • Compare cost of food in a variety of contexts. 	<input type="checkbox"/>	<input type="checkbox"/>
6LO.PEW.08	Describe a variety of perspectives that support the development of healthy relationships <i>6LO.8 Healthy Relationships</i> <ul style="list-style-type: none"> • Demonstrate positive social behaviours to develop and maintain healthy relationships. 	<input type="checkbox"/>	<input type="checkbox"/>
6LO.PEW.09	Investigate borrowing and investing in a variety of situations <i>6LO.11 Financial Literacy</i> <ul style="list-style-type: none"> • Identify situations where an individual can responsibly take on debt. 	<input type="checkbox"/>	<input type="checkbox"/>

